



**NOAA  
FISHERIES**



**NO  
Selfies  
with  
Seals**

If you get too close...  
**Mother Seals  
May Abandon  
Their Pups**



**1** Sea lions and seals are protected by federal law.

**2** It's **ILLEGAL** to disturb them or do anything that might make them change their behavior.

**3** Enjoy watching them in a safe, responsible way.

**KEEP YOUR DISTANCE.** You are too close if an animal starts to stare, fidget, or flee. Seals and sea lions on land are easily disturbed and may rush into the water or abandon their pups. They become stressed and may be trampled, and continued interruptions could be harmful to their health.

**BE CONSIDERATE OF MOTHERS AND PUPS.** Seals and sea lions come ashore to rest, regulate their body temperature, and nurse their young. Mothers often leave pups behind while feeding offshore.

**KEEP PETS AWAY AND ON A LEASH.** Pets can disturb or harm wildlife or separate mothers from their pups. And wild animals can injure or spread disease to pets.

If you see an injured, stranded, or dead marine mammal, call  
**(866) 767-6114**

You will be asked about the location and condition of the animal.

**LEARN MORE:**  
<http://bit.ly/SharetheShore>



**Do not approach the seals!**  
**¡No se acerquen las focas!**  
**请勿靠近海豹**